



### DAILY SCHEDULE TENTATIVE

7:00am-8:00am- Students arrive, breakfast, board games, card games

8:00am-8:30am- Nutrition Fact and Healthy Fact of the day along with light warm up exercises

8:30am-9:30am- Group Games inside/outside (Tag, Red Rover, Border Patrol, Simon Says, Dodge ball)

9:30am-10:00am-Bathroom break, drink break, snack 1

10:00am-11:00am- Art & Craft Time (Craft of the day plus optional color by number and activities)

11:00am-11:30am- Nature Walk (Explore the outdoors and find items on your nature scavenger hunt!)

11:30am-12:15pm- Wash Hands, Bathroom Break, Lunch, Clean up

12:30pm-2:00pm- Swimming activities at the Fort Pool (Weather Permitting). Walk back.

2:15pm-2:45pm- Snack 2, wash hands, clean up

3:00pm-4:00pm- Outdoor games (wiffleball, Gaga pit, basketball, football, tag, 4square)

4:00pm-5:00pm- Parent pick up, choice of group game or quiet activity