



June 2018 Pools

Please note that on occasion, due to circumstances beyond our control, there will be pool closures. Please refer to our FaceBook page for updates. You must be a current YMCA member to use pools, present your membership card & sign in at each pool. No guests, no reciprocal members are permitted. Thank you!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SUNY PARKING INFORMATION Please use Lot EC-5 for Laker Hall parking. A permit is not required.	Adult Lap Swim: Lap swim only for 18 years of age and older. Kickboards, fins & swim buoys are allowed. Aqua Fit: A class for everyone, especially for those with joint ailments. Get fit with this challenging water workout. Instructor: Sallye Glennen				1 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	2
3	4 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	5	6 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	7	8 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	9
10	11 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	12	13 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	14	15 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	16
17	18 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	19	20 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	21	22 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	22
24	25 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	26	27 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	28	29 LAKER 11:30am-1:00pm Aqua Fit & Adult Lap	30